

# Cycling Safety

Circle the correct answer. There might be more than one correct answer!

1. What must you wear each time you get on your bike?

Bafana Bafana jersey

Helmet

Shoes

Loose fitting long pants

Long skirt

Necklace

2. Which hand signals mean STOP, LEFT TURN, RIGHT TURN?



3. What side of the street must you ride on?

Left

Middle

Right

4. How must you wear your helmet?

Skew over your left ear

Flat on your head

Fitting snugly

Angled to the back of your head

With the buckle done up

With a loose strap so it can slip off easily

Covering your eyes

5. Must you walk with or against the traffic?

With traffic

Against traffic

6. Must you bike with or against traffic?

With traffic

Against traffic

7. Cyclists only need to stop at a stop sign if there is a person, bike, or car at the Intersection.

True

False

8. Before riding your bike, you should always do the ABC Quick Check. What does it stand for?

A is for Air

A is for 'andlebars

B is for Bell

B is for Brakes

C is for Colour

C is for Chain and Cranks

Quick is for Ride Quickly

Quick is for Quick Release

9. Wearing bright clothing while biking is important because it helps car drivers see you.

True

False

10. Biking is a fun way to get:

To school

Tired

Good exercise

Fresh air